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Women Empowerment In India: Realities And Challenges

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Abstract

This paper attempts to analyze the status of Women Empowerment in India and highlights the Issues and Challenges of Women Empowerment. Today the empowerment of women has become one of the most important concerns of 21st century. But practically women empowerment is still an illusion of reality. We observe in our day to day life how women become victimized by various social evils. Women Empowerment is the vital instrument to expand women's ability to have resources and to make strategic life choices.

Empowerment of women is essentially the process of upliftment of economic, social and political status of women, the traditionally underprivileged ones, in the society. It is the process of guarding them against all forms of violence. The study is based on purely from secondary sources. The study reveals that women of India are relatively disempowered and they enjoy somewhat lower status than that of men in spite of many efforts undertaken by Government. It is found that acceptance of unequal gender norms by women are still prevailing in the society. The study concludes by an observation that access to Education, Employment and Change in Social Structure are only the enabling factors to Women Empowerment

Key Words: Women Empowerment, Education, Health, Socio Economic Status. Crimes against women, Policy implications

Introduction

Empowerment of women is essentially the process of upliftment of economic, social and political status of women, the traditionally underprivileged ones, in the society. It is the process of guarding them against all forms of violence. Women empowerment involves the building up of a society, a political environment, wherein women can breathe without the fear of oppression, exploitation, apprehension, discrimination and the general feeling of persecution which goes with being a woman in a traditionally male dominated structure. Women constitute almost 50% of the world's population but India has shown disproportionate sex ratio whereby female's population has been comparatively lower than males. As far as their social status is concerned, they are not treated as equal to men in all places. In the Western societies, the women have got equal right and status with men in all walks of life. The status and role of women and related issues, have attracted the attention of the academicians, political thinkers and social scientists both in developing as well as developed countries, partially due to the observance of the International Decade of Women (1975-85) and partially because of the widely accepted truth that a society built on the inequality of men and women involves wastage of human resources which no country can afford. With swelling literatures on empowerment of women and with voluminous

amount of public expenditure on women empowerment schemes, it becomes imperative to understand the concept of empowerment of women so as to have a better understanding of its policy implications. Women empowerment refers to increasing the spiritual, political, social, educational, gender or economic strength of individuals and communities of women. Women's empowerment in India is heavily dependent on many different variables that include geographical location (urban / rural) educational status social status (caste and class) and age. Policies on Women's empowerment exist at the national, state and local (Panchayat) levels in many sectors, including health, education, economic opportunities, gender based violence and political participation. However there are significant gap between policy advancements and actual practice at the community level.

Review of Literature

H. Subrahmanyam (2011) compares women education in India at present and Past. Author highlighted that there has a good progress in overall enrolment of girl students in schools. The term empowers means to give lawful power or authority to act. It is the process of acquiring some activities of women.

M. Bhavani Sankara Rao (2011) has highlighted that health of women members of SHG have certainly taken a turn to better. It clearly shows that health of women members discuss among themselves about health related problems of other members and their children and make them aware of various Government provisions specially meant for them.

Doepke M. Tertilt M. (2011) Does Female Empowerment Promote Economic Development? This study is an empirical analysis suggesting that money in the hands of mothers benefits children. This study developed a series of non cooperative family bargaining models to understand what kind of frictions can give rise to the observed empirical relationship.

Duflo E. (2011) Women's Empowerment and Economic Development, National Bureau of Economic Research Cambridge The study argues that the inter relationships of the Empowerment and Development are probably too weak to be self sustaining and that continuous policy commitment to equally for its own sake may be needed to bring about equality between men and women.

Sethuraman K. (2008) The Role of Women's Empowerment and Domestic Violence in child Growth and Under nutrition in a Tribal and Rural Community in South India. This research paper explores the relationship between Women's Empowerment and Domestic Violence, maternal nutritional status and the nutritional status and growth over six months in children aged 6 to 24 months in a rural and tribal community. This longitudinal observational study undertaken in rural Karnataka India included tribal and rural subjects.

Venkata Ravi and Venkatraman (2005) focused on the effects of SHG on women participation and exercising control over decision making both in family matters and in group activities

Present Situation of Women

New Delhi: Being equal to their male counterparts is still a far cry for Indian women. Not only are they marginal as public figures an average Indian women can hardly call the shots at home or outside. In 2012, women occupied only 8 out of 74 ministerial positions in the union council of

ministers. There were only 2 Women judges out of 26 judges in the Supreme Court and there were only 54 women judges out of 634 judges in various high courts.

Shocking Facts : According to 2013,UNDP report on Human Development Indicators, all south Asian Countries except Afghanistan, were ranked better for women than India It predicts: an Indian girl child aged 1-5 years is 75% more likely to die than the boy child. A women is raped once in every 20 min and 10% of all crimes are reported. Women form 48% of India's Population, only 29% of the National workforce; only 26% women have access to formal credit.

Why Need of Women Empowerment?

Reflecting into the " Vedas Purana" of Indian culture, women is being worshiped such as LAXMI MAA, goddess of wealth; SARSWATI MAA, for wisdom; DURGA MAA for power. The status of women in India particularly in rural areas needs to address the issue of empowering women. About 66% of the female population in rural area is unutilized. This is mainly due to existing social customs. In Agriculture and Animal care the women contribute 90% of the total workforce. Women constitute almost half of the population, perform nearly 2/3 of its work hours, receive 1/10th of the world's income and own less than 1/ 100th the world property. Among the world's 900 million illiterate people, women out number men two to one. 70% of people living in poverty are women. Lower sex ratio i.e. 933, The existing studies show that the women are relatively less healthy than men though belong to same class. They constitute less than 1/7th of the administrators and mangers in developing countries. Only 10% seats in World Parliament and 6% in National Cabinet are held by women.

Hindrances of Women Empowerment: The main Problems that were faced by women in past days and still today up to some extent:

- Gender discrimination
- Lack of Education
- Female Infanticide
- Financial Constraints
- Family Responsibility
- Low Mobility
- Low ability to bear Risk
- Low need for achievement
- Absence of ambition for the achievement
- Social status
- Dowry
- Marriage in same caste and child marriage (still existing)
- Atrocities on Women (Raped, Kicked, Killed, Subdued,humiliated almost daily.)

Need for Women Empowerment Women are deprived of

- Decision Making Power
- Freedom of Movement
- Access to Education
- Access to Employment

- Exposure to Media
- Domestic Violence

Status of Women Empowerment

The status of Women Empowerment cannot be visualized with single dimension rather multidimensional assessment in terms of various components of women’s life and their status would bring a clear conception. So, this paper tries to give a basic idea about the condition and status of women in terms of employment, education, health and social status. Before going to elaborate separately let us have a quick view of the overall status of women in terms of gender gap index prepared by World Economic Forum in 2012

Gender Gap sub-Indices	India
Economic Participation and Opportunity	123
Educational Attainment	121
Health and Survival	134
Political Empowerment	17
Overall Index	105

Source: World Economic Forum (2012) Global Gender Gap Index 2012

The above table clearly depicts the status of low level of attainment of women in the varied field of their attainment. India gained eight places (from 113 rank in 2011 to 105 rank in 2012) as a result of improvement in the educational attainments and political empowerment. Keeping aside the Political Empowerment, the other three indices is all above the rank of 100. The Political Empowerment ranks quite high may be due to the 73rd and 74th Constitution amendments of India providing greater opportunity to women to take part in active politics.

Reasons for the Empowerment of Women

Today we have noticed different Acts and Schemes of the central Government as well as state Government to empower the women of India. But in India women are discriminated and marginalized at every level of the society whether it is social participation, political participation, economic participation, access to education, and also reproductive healthcare. Women are found to be economically very poor all over the India. A few women are engaged in services and other activities. So, they need economic power to stand on their own legs on par with men. Other hand, it has been observed that women are found to be less literate than men.

According to 2001 census, rate of literacy among men in India is found to be 76% whereas it is only 54% among women. Thus, increasing education among women is of very important in empowering them. It has also noticed that some of women are too weak to work. They consume less food but work more. Therefore, from the health point of view, women folk who are to be weaker are to be made stronger. Another problem is that workplace harassment of women. There are so many cases of rape, kidnapping of girl, dowry harassment, and so on. For these reasons, they require empowerment of all kinds in order to protect themselves and to secure their purity and dignity. To sum up, women empowerment cannot be possible unless women come with and help to self -empower themselves. There is a need to formulate reducing feminized

poverty, promoting education of women, and prevention and elimination of violence against women.

Challenges

There are several constraints that check the process of women empowerment in India. Social norms and family structure in developing countries like India, manifests and perpetuate the subordinate status of women. One of the norms is the continuing preference for a son over the birth of a girl child which is present in almost all societies and communities. The society is more biased in favor of male child in respect of education, nutrition and other opportunities. The root cause of this type of attitude lies in the belief that male child inherits the clan in India with an exception of Meghalaya. Women often internalize the traditional concept of their role as natural thus inflicting an injustice upon them. Poverty is the reality of life for the vast majority women in India. It is the another factor that poses challenge in realizing women's empowerment. There are several challenges that are plaguing the issues of women's right in India. Targeting these issues will directly benefit the empowerment of women in India.

- **Education:** While the country has grown from leaps and bounds since independence where education is concerned. the gap between women and men is severe. While 82.14% of adult men are educated, only 65.46% of adult women are known to be literate in India. The gender bias is in higher education, specialized professional trainings which hit women very hard in employment and attaining top leadership in any field.
- **Poverty:** Poverty is considered the greatest threat to peace in the world, and eradication of poverty should be a national goal as important as the eradication of illiteracy. Due to this, women are exploited as domestic helps
- **Health and Safety:** The health and safety concerns of women are Paramount for the wellbeing of a country and is an important factor in gauging the empowerment of women in a country. However there are alarming concerns where maternal healthcare is concerned.
- **Professional Inequality:** This inequality is practiced in employment and promotions. Women face countless handicaps in male customized and dominated environs in Government Offices and Private enterprises.
- **Mortality and Inequality:** Due to gender bias in health and nutrition there is unusually high mortality rate in women reducing their population further especially in Asia, Africa and China.
- **Household Inequality:** Household relations show gender bias in infinitesimally small but significant manners all across the globe, more so, in India e.g. sharing burden of housework, childcare and menial works by so called division of work.

Ways to Empower Women

- Changes in women's mobility and social interaction
- Changes in women's labour patterns
- Changes in women's access to and control over resources and
- Changes in women's control over Decision making
- Providing education

- Self employment and Self help group
- Providing minimum needs like Nutrition, Health, Sanitation, Housing
- Other than this society should change the mentality towards the word women
- Encouraging women to develop in their fields they are good at and make a career

Government Schemes For Women Empowerment

The Government programmes for women development began as early as 1954 in India but the actual participation began only in 1974. At present, the Government of India has over 34 schemes for women operated by different department and ministries. Some of these are as follows

- Rastria Mahila Kosh (RMK) 1992-1993
- Mahila Samridhi Yojana (MSY) October,1993.
- Indira Mahila Yojana (IMY) 1995.
- Women Entrepreneur Development programme given top priority in 1997-98.
- Mahila Samakhya being implemented in about 9000 villages.
- Swayasjdha.
- Swa Shakti Group.
- Support to Training and Employment Programme for Women (STEP).
- Swalamban.
- Crèches/ Day care centre for the children of working and ailing mother.
- Hostels for working women.
- Swadhar
- National Mission for Empowerment of Women.
- Integrated Child Development Services (ICDS) (1975),
- Rajiv Gandhi Scheme for Empowerment of Adolescence Girls (RGSEAG) (2010)
- The Rajiv Gandhi National Crèche Scheme for Children of Working Mothers.
- Integrated Child Protection scheme (ICPS) (2009- 2010).
- Dhanalakahmi (2008).
- Short Stay Homes.
- Ujjawala (2007).
- Scheme for Gender Budgeting (XI Plan).
- Integrated Rural Development Programme (IRDP).
- Training of Rural Youth for Self Employment (TRYSEM).
- Prime Minister's Rojgar Yojana (PMRY).
- Women's Development Corporation Scheme (WDCS).
- Working Women's Forum.
- Indira Mahila Kendra.
- Mahila Samiti Yojana.
- Khadi and Village Industries Commission.
- Indira Priyadarahini Yojana.

- SBI's Sree Shaki Scheme.
- SIDBI's Mahila Udyam Nidhi Mahila Vikas Nidhi.
- NGO's Credit Schemes.\
- National Banks for Agriculture and Rural Development's Schemes

The efforts of government and its different agencies are ably supplemented by nongovernmental organizations that are playing an equally important role in facilitating women empowerment. Despite concerted efforts of government s and NGOs there are certain gaps. Of course we have come a long way in empowering women yet the future journey is difficult and demanding.

Conclusion

The attainment in the field of income / employment and in educational front, the scenario of women empowerment seems to be comparatively poor. The need of the hour is to identify those loopholes or limitations which are observing the realization of empowerment of women and this initiative must be started from the women folk itself as well as more importantly policy initiative taken by the state and society. Women's empowerment is not a Northern concept women all over the world, including countries in South, have been challenging and changing gender inequalities since the beginning of the history. These struggles have also been supported by many men who have been outraged at injustice against women.

Women represent half the world's population and gender inequality exists in every nation on the planet. Until women are given the same opportunities that men are, entire societies will be destined to perform below their true potentials. The greatest need of the hour is change of social attitude to women.

“When women move forward the family moves, the village moves and the nation moves”. It is essential as their thought and their value systems lead the development of a good family, good society and ultimately a good nation.

The best way of empowerment is perhaps through inducting women in the mainstream of development. Women empowerment will be real and effective only when they are endowed income and property so that they may stand on their feet and build up their identity in the society. The Empowerment of Women has become one of the most important concerns of 21st century not only at national level but also at the international level. Government initiatives alone would not be sufficient to achieve this goal. Society must take initiative to create a climate in which there is no gender discrimination and women have full opportunities of self decision making and participating in social, political and economic life of the country with a sense of equality

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